

PRESTON UPDATE! 1/08/2019



BLOOD DRIVE JANUARY 25th 2019 9:00a.m. to 1:00p.m.

Sign Up Genius Link: <https://www.signupgenius.com/go/10c0548a4a82fa1fc1-blood360>

Give us 45 minutes and save a life!

Thank you for partnering with us to save lives.

For every blood donation we receive, we can treat, heal and quite possibly save the life of up to 2 different donation recipients.

While the actual draw only takes 5-8 minutes, before that, we do need to work with you to complete some paperwork and do a quick vitals check to ensure your well-being and the safety of the recipient.

Be sure to:

- Bring a photo ID.
- Eat a good meal; you burn 650 calories while donating.
- Hydrate the day before and the day of the donation.
- Share the link with others – the more the merrier.

Attached is the required paperwork to complete for your donation.

We ask:

- 1) Please use pen to complete the questions – i.e. no use of a PDF writer or other design program to write on the electronic copy.
- 2) Please answer question 1 (feeling healthy and well) the day of the blood drive.
- 3) Please print out the first two pages of the forms; the rest are for your reference to read prior to coming to the bus. If you cannot print the form two sided, please staple the two pages together.

To ensure a speedy confirmation process, please observe these requests:

- Complete your paperwork prior to coming to the bus. This includes having all travel documented from the past three years and have your ID as well.

Again, thank you; the impact your donation has on the community is immeasurable.

PARENTING SUPPORT GROUP

Please join Mrs. Simpson for Preston's Parenting Support Group. The 2nd semester schedule is attached above.

UPCOMING WINTER SPORTS

7th and 8th Girls Basketball

Tryouts and the first day of practice is Tuesday, January 8, "cuts" will be made no later than the 3rd day of tryouts. Full refunds will be issued to ALL players not making the team.

Coach Barnes (*Head Coach 8th*) and **Coach Brown** (*Head Coach 7th*) All students attending these meetings should have already registered for basketball on [SportsEngine](#), have a current physical on file in the office, and paid their athletic fee. Please contact the Preston Office to confirm your registration / athletic fee and to pick up a **Blue Card** prior to the meeting and tryouts. The season timeline is January 8 - March 7.

7th and 8th Grade Wrestling

The first day of practice is Monday, January 14, wrestling is a no cut sport and is open to all 7th and 8th grade Preston Students.

Preston will also hold a pre-season wrestling camp January 8- January 11, a current physical must be on file to participate.

Coach Blevens. All students attending these meetings should have already registered for wrestling on [SportsEngine](#), have a current physical on file in the office, and paid their athletic fee. Please contact the Preston Office to confirm your registration / athletic fee and to pick up a **Blue Card** prior to the meeting and practice. The season timeline is January 14 – March 2.

STEM LEARNING TOGETHER OPPORTUNITY

STEM Learning Together: Introduction to Home Design and 3D Architectural Modeling.

Have you ever imagined designing and building your own home? Visualize that your great aunt has gifted you and your family with a small mountain lot and enough funds to construct a one-bedroom cabin. This Learning Together Workshop might be your first step as a personal or professional home designer. The workshop will be taught by a design professional and will introduce the teams to basic plan reading, understanding and interpreting construction symbols, introduction to design standards, and digital design tools. The product of this workshop will be a simple 3D (digital model) of your home that you can take and continue to design and refine. (participants will come away with the plan, elevation, and isometric view (PDF) in addition to the 3D digital model). The software is free and available for download at your home so that you can keep learning together.

Fee \$65

Time: 8-11:30

Date: Saturday, February 9, 2019

Open to grades 5th-12th and attending adult.

Register at <http://steminstitutes.org/additional-stem-opportunities/>