



## PRESTON MIDDLE SCHOOL

4901 Corbett Drive, Fort Collins, CO 80528  
(970) 488-7300 (970) 488-7307 fax

Amy Schmer, Principal  
Bill Saint, Assistant Principal Lindsey Matkin, Assistant Principal

### HUMAN SEXUALITY CURRICULUM NOTIFICATION Poudre School District

The Poudre School District Board of Education has approved the Human Sexuality Curriculum for all 7<sup>th</sup> grade students. The curriculum includes instruction on the human reproductive system, sexually transmitted diseases and infections (including HIV/AIDS), and contraception. While Colorado law does not mandate the teaching of these topics, the Colorado Comprehensive Health Education Act encourages school districts to provide this information for secondary students.

Colorado Statute 22-25-104 (2000) requires that “any curriculum and materials developed and used in teaching sexuality and human reproduction shall include values and responsibility and shall give primary emphasis to **abstinence** by school-aged children.”

The lessons for this unit include:

- ☐ Healthy Relationships
- ☐ Media Influences
- ☐ Sexual Harassment and Assault
- ☐ The Human Reproductive System
- ☐ Sexual Activity and Associated Risks
- ☐ Contraception and Pregnancy Prevention
- ☐ Boundaries and Refusal Skills

The district-approved materials are available for your review in the front office at Preston, and you may view them at your convenience during school hours. By law, you may excuse your child from participation in classes that include content that is contrary to your religious or personal beliefs. Your child may be exempted from one or more lessons.

Additionally, a lesson on diversity in relationships (LGBTQ+) as presented in the Glencoe Teen Health text on pages 41-43 will be taught during the social health unit in the context of prejudice and discrimination. This lesson is not considered part of the human sexuality unit.

Please see the back of this form to grant permission or excuse your child from one or more lessons in the unit. Please feel free to email me ([jsimpson@psdschools.org](mailto:jsimpson@psdschools.org)) with any questions regarding any part of the curriculum, or for clarification about the unit.

Sincerely,

Jill Simpson  
Health Teacher  
Preston Middle School

email: [jsimpson@psdschools.org](mailto:jsimpson@psdschools.org)

# Parent Permission Form

Please have your child return this form to the health teacher for this curriculum as soon as possible. This unit will begin around \_\_\_\_\_.

Please mark one of the following options and sign below:

\_\_\_\_\_ My child is to be included in classroom instruction for all lessons in the human sexuality unit.

\_\_\_\_\_ My child is to be excused from participating during the following lesson(s):  
*Note: if your child is excused, s/he will go to the media center and have time to work on assignments from other classes. S/he will be excused from the unit assessment.*

\_\_\_\_\_ My child is to be excused from all social health and human sexuality unit lessons outlined in this letter.  
*Note: if your child is excused, s/he will go to the media center and have time to work on assignments from other classes. S/he will be excused from the unit assessment.*

Student Name: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_

Date: \_\_\_\_\_